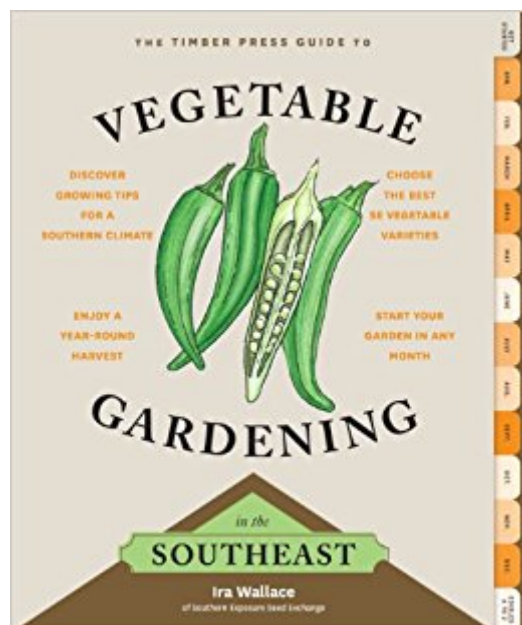


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# The Timber Press Guide To Vegetable Gardening In The Southeast (Regional Vegetable Gardening Series)



## Synopsis

Growing vegetables requires regionally specific information—what to plant, when to plant it, and when to harvest are based on climate, weather, and first frost. The Timber Press Guide to Vegetable Gardening in the Southeast tackles this need head on, with regionally specific growing information written by local gardening expert, Ira Wallace. This region includes Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Maryland, Mississippi, North Carolina, South Carolina, Tennessee, Virginia, and West Virginia. Monthly planting guides show exactly what you can do in the garden from January through December. The skill sets go beyond the basics with tutorials on seed saving, worm bins, and more.

## Book Information

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## Customer Reviews

I've taken inspiration (and bought seeds) from the Southern Exposure Seed Exchange catalogue, so when I saw that one of its worker/owners, Ira Wallace, had published The Timber Press Guide to Vegetable Gardening in the Southeast, I spent much of January poring over her friendly, no-nonsense advice. "The Washington Post" "An absolute delight to look at and to hold. . . . a gardening book that you will want to refer to often." "Washington Gardener" "I'll turn even an apprehensive dirt-digger into an obsessive vegetable gardener, and a successful one at that." "Garden & Gun" "Her broad gardening experience is the source of some fantastic advice. . . . There is much to learn here." "Lexington Herald-Leader" "A detailed, invaluable source for tried-and-tested varieties of the Southeast. Timber Press could not

have selected a better author for this guide. Ira Wallace is a legend among followers of the organic gardening movement and champions of heirloom vegetable preservation. • "Southern Garden Society • "Are you interested in harvesting your own crops and would like to know the best way to do so? This guide for Southern gardeners is the perfect tool for that and more. Ira Wallace shares tips on the appropriate month to plant your favorite crop, how to grow and harvest it, how to avoid tips on bugs and weeds, and much more. • "Mississippi Magazine • "Self the fresher taste and greater nutrition of locally grown foods have you yearning to become a better gardener, The Timber Press Guide to Vegetable Gardening in the Southeast should be required reading. • "Triangle Gardener • "Widely regarded as the book on year-round gardening in the Southeast. • "C-ville Weekly • "This compilation of tips for our climate, the names of reliable regional varieties, and the encouragement to start in any month and harvest in every month, is valuable beyond price. • "Sustainable Market Farming

Vine-ripened tomatoes, succulent figs, crisp winter salads, corn on the cob, and sweet braised greens are just a few of the delights awaiting gardeners in the Southeast. Temperate winters and hot summers grant southern gardeners a long growing season capable of yielding an ever-changing menu of seasonal food. But how do you use that hot, humid summer weather to grow the most delicious tomatoes? Which months are the best for sowing carrot or beet seeds? And during the mild winter months, how can you make the most of your bountiful harvest? • Ira Wallace answers all these questions and more while covering the many eccentricities of gardening in the Southeast. Monthly planning guides show exactly what you can do in the garden from January through December. The skill sets go beyond the basics with tutorials on seed saving, drip irrigation, canning, and worm bins. Whether you are just starting your season or looking for ways to extend it, this is your guide to producing a bountiful, year-round harvest in the Southeast. •

Love this book! We had the Northeast version already but due to moving from NJ to TN, we wanted to get the appropriate book. This is really a fool-proof guide to gardening. It really doesn't get much simpler--you just flip to the month it currently is, and it tells you literally everything you need to know. For example, if it's time to plant potatoes but harvest something else, it tells you. Definitely beginner friendly. If you want to start growing something but aren't sure what kind of timeline you need to follow with the planting, caring, and harvesting of something, this is the book for you

This is a comprehensive guide to growing vegetables in the southeastern quarter of the United

States. As an experienced gardener, most of the information is not new to me, but there were a few nuggets that will make a difference in my planting and cultivation practice. The first section contains a wealth of general information about gardening. I'd never heard of the AHS Plant Heat Zone Map, which can help gardeners avoid having their plants suffer from excessive summer heat. Another helpful concept was phenology--the observation of nature as a guide to planting and predicting insect emergence. For instance, if you plant beans when lilacs are in full bloom, the soil will be warm enough to help them grow. Following the discussion of the basics, there's a section with garden tasks to do in each month of the year, with additional useful details. The Southeast, as defined by the author, is so large that if you live along the borders, or in in the Appalachian mountains, you may need to adjust the dates somewhat. I live at the extreme northern edge of the area, and the microclimate of my back yard is cooler than my neighbors'. I've found I need to do most of my spring planting a little later than this book would lead a new gardener to believe. Next comes a long list of plants a home gardener might grow for food, with information about growing, harvesting, choosing the right variety, and saving seed. If you can't find something you want to try here, then a vegetable garden isn't for you. Finally, there's a list of resources, a glossary, and an index--truly necessary since much information is given month-by-month. My first gardening book was "Crockett's Victory Garden." With its chatty style, glossy photos and information on how to create a productive garden out of a parking lot, it got me started on the right path when I was a new gardener. "Crockett's" is still my favorite for sentimental reasons, but Ira Wallace's book comes close.

This is a wonderful resource and one that I am so glad I purchased! I just wished I would have purchased it this exact time, last year. We are new to the Deep South, having been here almost a full year now. Had I purchased this in Nov 2014 when I knew this is where we were coming, I would have saved myself some serious time and heartache. I was still used to the Northern time line although I adjusted mine by about two months (planting in April vs June). It was still 3-6 months behind and thus, I lost most of my garden. Unfortunately, I also spent \$\$\$\$ on heirloom and rare varieties and all but a small handful were productive. Lesson learned. This book is laid out according to months and it gives you a Cliff Notes version of a list on the first page of every chapter (month) of what to do this month. It adjusts the timeline for Northern South and Deep South as well as a guide for those in between. I have learned with this book that the summer months are my new "winter". Very few things that my family's taste buds enjoy will produce during those 3-3.5 months. Again, a major time and money saver had I know this up front. I've been able to get my garden in order now

(November) so that my seedlings are ready to be planted in Jan which is a very new idea to me. Everything my fruits like grapes and berries to herbs, garlic, root crops, greens, etc can be found here. I could look up the info online or via the county extension office as to what to plant and when, but this book does a far better job with the details than any of the sites I looked last year. The author also understands that many of us like organic gardening and are fans of heirlooms. She herself, runs a seed company that sells heirlooms. I was able to purchase heirloom GREEN cotton seeds! A rare find, indeed! If you like full color, glossy pages then this is not the book for you. Most of the text is dark brown on tan pages which might be a turnoff for some. I would purchase this book again should anything happen to my copy. I've been using it a lot in the past week to plant my heirloom garlic varieties and soon, heirloom storage onions.

I want to grow vegetables in deep southern climates. This book lays it out step by step. With elegantly simple tips for each phase and guidance to individualize as needed. Indeed the author indicates having an evolving plan, with clear records can make this a wonderful hobby. Easily the best guide I have read as I prepare for my first year of planting, including hours watching videos and numerous seed planting guides. Wonderfully simple layout with a monthly checklist of activities.

This book is comprehensive and realistic !Highly recommend. I live in south East Tennessee in the mtns- usually zone 7a/b which is included in this book.

This book is fantastic. I live in North Carolina (moved within the last year). This book has been tremendous in helping me plan and execute my garden. This was recommended to me by a friend and I'm so glad that I decided to buy for myself! The tabs on the cover are deceiving as there are no tabs for the book. However, I've found that sticky tabs work fine for things that you want to note for yourself in certain tabs. This book is really wonderful and I would highly recommend!

This is a great guide for gardening in the Southeast! All of my gardening skills were developed in the West and did not translate to the climate in my new home in the Gulf South. This book has been a really big help in understanding my new climate and its gardening strengths and weaknesses.

I reference this book all the time. its a great addition to our garden library.

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